

The Ascension of Humanity from 3D to 4D

How Significant is the idea of different densities and a looking transition / harvest / ascension for humanity and the planet from 3D to 4D that is being assisted by a confederation of planets and higher density beings?

Introduction

The topic of a transition from third density to fourth density has been discussed in every major ancient religious text in the world, which dates back thousands of years. The rebirth of ascension in conversation in spiritual and New Age texts are a valued topic that is taken very seriously by many worldwide. Thus, whistleblowers such as Corey Goode who have spent time in secret space programs, have come forward in recent years with ascension-related information.ⁱ Corey's testimony includes interactions with the Blue Avians, who are a 6th density race that are believed to originally deliver the Ra Material in the Law of One series.

The *Law of One* is a collection of 106 sessions between Don Elkins, a professor of physics and UFO investigator, and Ra, speaking through Carla Rueckert. Ra states that it/they are a sixth-density social memory complex that formed on Venus about 2.6 billion years ago. Ra says that they are "humble messengers of the Law of One" and that they previously tried to spread this message in Egypt with mixed results.ⁱⁱ The realization that the Blue Avians are the true messengers of the *Law of One* material was made during a conversation between Corey Goode and David Wilcock. Wilcock has been studying and teaching the Ra material for many years.ⁱⁱⁱ

In a world filled with such greed, hate, mass destruction, political division, misinformation, injustice, crime, war, trauma, impoverishment, economic imbalance, and death, it is difficult to imagine seeing the bright white light of pure bliss and happiness that awaits us in Heaven, or the afterlife as the ancient Egyptians planned for. Not only is planet Earth experiencing human atrocities, but Mother Nature's animals are being displaced by our human ways. Animals worldwide are losing their habitats due to our over-building, destruction of their land, extinction of species, and pollution that has spread in water, land, and air. To add another layer, natural disasters such as earthquakes, volcanoes, tornados, tsunamis, hurricanes, and superstorms rage, displace thousands annually, and take the lives of humans and wildlife alike.

With all the negativity plaguing our world today, one may ask if things will get better? Will humanity end all the traumas and dramas that are stated above? Can we help save and preserve wildlife and live in harmony with our plants, trees, and animals of planet Earth? Can we create a Heaven on Earth as emphasized in the Bible?

In my own words, Ascension is the ascent from one density to another, through peace, understanding, acceptance, kindness, and love, all in tune with the One Infinite Creator. We are all connected in invisible ways. Additionally, a core foundation of ascension, or "harvest" or as Ra puts it, is to have a service-to-others orientation, over a service-to-self orientation. From our 3-D human perspective, it is simply to be kind and to have more positive interactions, thoughts, and intentions than negative interactions, thoughts, and intentions towards ourselves and others.

In his book, *The Ascension Mysteries*, David Wilcock speaks of humans after ascension having extraordinary, fantastic, and supernatural abilities such as telepathy, telekinesis, levitation, materialization, time travel, and more,"^{iv} similar to abilities in lucid dreaming, but in the waking world. These abilities are likely greater than what we have been exposed to in movies, television, and other forms of art depicting extraordinary abilities. In this writing, the reader is going to discover that Jesus, or Yeshua, and his family and associates learned to harness and master various supernatural abilities.

Yeshua is an example of an ascended master. One who is omnipresent and omnipotent in the past, present, and future, throughout all of space and time, and who possesses 'supernatural' abilities such as levitation, bilocation, teleportation, transmutation, and 'miraculous' healing, to name a few. Other examples of masters, or celestials who transcend dimensions and physical limitations are the Buddha, the archangels such as Archangel Michael, Anastasia, and Thoth. There are countless others who individuals claim to have interacted with throughout history, including during encounters with higher density civilizations.

In session 16 of the Ra Material, speaking of the Orion chariot in regard to density and those have a polar opposite service-to-self orientation, Ra was asked the following and confirmed yes to the questions:

16.11 Questioner: Is there a harvest of entities oriented towards service to self like there is a harvest here of entities oriented towards service to others?

Ra: I am Ra. There is one harvest. Those able to enter fourth density through vibrational complex levels may choose the manner of their further seeking of the One Creator.^v

Anna Grandmother of Jesus (Yeshua)

Light conceptions, codes, and initiations

In her book *Anna, Grandmother of Jesus*, Claire Heartsong takes us on a journey with an individual who has nearly been lost to history, Anna, the mother of Mary and grandmother to Jesus, or Yeshua, as he was known during his life. Heartsong had begun recording telepathic messages that she began having during meditation in 1988. Anna identified herself and willed to share her story with Claire.^{vi} Anna may be better recognized today as St. Anne.

Not much is formally known or recognized about Anna. Anna is said to have lived for over six-hundred years through rituals taught and practiced within the Essene community at Mount Carmel, the secret enclave of the School of the Prophets. Anna herself had a light conception of Mary, and witnessed Mary's light conception of Yeshua:

In this way, and many others, she was a holy woman actively involved in the preparation of the Messiah's arrival.

Anna had many abilities, and among those abilities she was a prophet and seeress, and could, "interpret time and place according to the stars and could calculate numerological effects upon physical life."

Of his 14,000 readings, Edgar Cayce discussed Anna and the Essenes and described them as, "a small spiritual Jewish sect that began a hundred years before Jesus' birth in the 2nd century BC and continued some 68 years after the crucifixion of Jesus and the destruction of the Jewish temple. Further, when the Dead Sea Scrolls were discovered in 1947, it helped confirm that both men and women lived at Qumran in harmony.

In her first recorded in chapter 1 of *Anna*, Anna says:

My dear friend,

I bring you greetings of love and peace this day. I am Anna, also known as the mother and the grandmother of Jesus.

What I find interesting here is that Anna identifies herself exactly as Ra does in each session recorded with Rueckert and Elkins. This indicates she is of a higher density similar to the Ra / Blue Avians. According to his grandmother, Yeshua went on a seven-year journey to India with Joseph the Younger, his brother James, Uncle Jacob, and his father Joseph. However, due to Joseph's ...

Worsening physical infirmities that had recently begun to affect his eyesight and joints, the long journey to India was ill advised.

Anna goes on to say:

Because Joseph had mastered the manipulation of subtle energy in inter-dimensional time and space, he would bilocate as often as possible in order to be with his sons. On other occasions, when necessary, he promised to teleport his physical body. Yeshua had seen his father do both, so he knew his father would keep his promises.

Clearly the family practiced incredible abilities such as bilocation and teleportation, also cited in Anna's channelings is levitation. Although these fascinating abilities were kept a secret from the world, Anna's family was practicing these evolved and initiated abilities.

Yeshua returned home with only his brother James and Uncle Jacob. Before addressing the community, Yeshua privately shared this with his grandmother Anna:

Had *teleported* (emphasis by GK) for the last time to India, during the month before Yeshua and James were to begin their return to Palestine, had ascended into the light and would not be returning.

Anna could not be clearer that Joseph had achieved ascension and chose to return home, and that he would not be returning to the physical world. Anna may have been sad that she

would not be seeing her son-in-law in the physical form again, yet she was happy that Joseph had graduated to becoming a master.

Addressing the Essene community upon returning from his pilgrimage to India, the Law of One is even spoken and referenced by Yeshua:

My beloved family and friends, into whose presence I am returned after a long journey. I am now of a man's stature, and the Law of One does rest within me, though not all is yet fulfilled in me.

Yeshua continues:

Of this, I am now certain: I await the full awakening when God comes and dwells permanently within my consciousness.

In addition to traveling to India, Yeshua also traveled to Great Britain and Egypt, where he and others, including Mary and Jacob, learned protected secrets from, "fabled chieftains, magicians, bards, and Druid priests and priestesses." Yeshua was not a poor carpenter as he is often depicted and contemporarily known as. Instead, he was well connected thanks to his Uncle Joseph. It is very likely that Yeshua must have been greatly funded by Joseph and was far from poor. This is a complete contradiction from what each branch of Catholicism teaches and believes in. Thus, to continue on his journey, Yeshua must have had many connections that enabled him to travel, reign in light codes, and participate in initiations in areas such as India and Egypt.

In chapter 26, Anna describes the special lineage, or 'soul stream' that Yeshua was expressed from, "Both his father and his Uncle Noah carried the same soul stream that expressed as the ascended master Saint Germain many years later. Like Saint Germain, Noah became a very well-known adept who knew the secret of physical immortality and kept the same body for

well over six-hundred years (author's note: Jacob learned longevity secrets while in Egypt, and Anna practiced longevity many times over her life to extend her time on the physical plane).” Moreover, Noah is better known as “Merlin Talieson, who prepared Arthur Pendragon for his role as King Arthur of Camelot.”

Did Yeshua Meet and Interact with Otherworldly Beings?

Yeshua, his brother James, and cousin John participated through advanced enlightenment initiations of Horus, which represented:

The human journey that unifies and ascends the spirit / matter connection as an embodied soul. From Dendarah, they went to Abydos, the ancient temple site that commemorates the resurrection of Osiris.

It was at Abydos that they participated in the Rite of Sepulchre. Yeshua had taken his first Rite of Sepulchre initiation at Mount Carmel, which according to Anna, the Egyptian God Isis herself helped bring forth the full presence of the Divine Mother within the tomb at Abydos. Thus, the Rite of Sepulchre is an ancient ritual of ‘dying’ and resurrection, as Anna puts it. By mastering this ancient procedure, this offers a key insight into how Yeshua was ‘resurrected’ after his crucifixion.

While Yeshua was in the secret chamber of Abydos, it was there where he met with enlightened beings who had directed the seeding of ascension codes into human DNA, including his ancestor Akhenaten, who was the king of Egypt from about 1353 BC to 1336 BC.^{vii} During the fifth year of his reign, Amenhotep changed his name to Akhenaten, additionally, his wife expanded her name to Neferneferuaten (“Beautiful Is the Beauty of Aton”)-Nefertiti. He also

moved the capital to 200 miles north of Thebes, and named the new capital after himself, Akhenaten.^{viii}

Yeshua also took the initiation of the elements of earth, air, fire, water, and ether. Yeshua deeply went within his body to view the cosmos:

He went deeply into the atomic structure of his body and found the entire cosmos within himself. He studied the infinite weaving of light into the ascension matrix that is called the Flower of Life.

Yeshua seems to have viewed our ascension DNA that will one day activate within us. By doing these initiations, Yeshua is helping future humanity ascend from 3D to 4D. Additionally, the symbol of the Flower of Life can be found in Christianity, Judaism, and the Kabbalah.

Importantly fitting within the Flower of Life one will find the Star of David, which represents The True Trinity: Us, Creation, and the Combination of Us and Creation. In other words, in Christianity, it represents the Father, the Son, and the Holy Spirit.^{ix}

Yeshua then found an understanding of the electromagnetic field and also:

Sacred geometry, and the three-fold nature of light, sound, and colour, he took his body completely into a field of light that was impermeable to involitional spin factors.

By doing this, Yeshua controlled the forces of life and the ‘illusion of death’. And the three-fold nature of light, sound, and colour is a clear geometric inference to our world, and also the geometric foundation of future major world religions. Additionally, these inference to “involitional spin factors” sounds like Yeshua found himself in a torus or a chakra. It is not clear, but if I were to take my best guess, I would say a torus because the

energy is moving equally in both directions, and the torrid movement would allow Yeshua to access any place or time simultaneously. One can make the same argument with a chakra, which is a part of our etheric anatomy, as it moves energetically in a spiral fashion. The fact 'field of light' spins in an involitional way indicates it possesses a torrid-like movement.

In Ra session 14.10, the question was restated asking about who was being balanced inside the pyramid, Ra responds by saying:

I am Ra. The balancing pyramidal structures could [be] and were used for *individual initiation* (emphasis by GK). However, the use of these pyramids was also designed for the balancing of the planetary energy web. The other pyramids are not placed properly for Earth healing but for healing of mind/body/spirit complexes.^x

In other words, the ones using a pyramid, in this instance, Yeshua and his companions, were clearly the ones being balanced. By individually participating within the pyramids, Yeshua opened the pathways for humanity to accept the consciousness and DNA activation codes that is written within the mind/body/spirit complex, or human being.

In their discussion of Ancient Type I civilizations, Lamiroy and Salla emphasize via the Ra group that pyramids served two primary functions. First, to assist in healing and initiation of individuals into higher states of consciousness. Secondly, pyramids helped balance the planetary energy grid.^{xi}

How Involved was Yeshua in Our Future Ascension to a 4D World?

Yeshua is directly responsible for participating in initiations that will one day allow humanity to upgrade its DNA and consciousness. Further, Yeshua prepared further towards

self-mastery on this journey. He was then taken inwardly underneath the Great Pyramid to meet with the Brother-Sisterhood of Light to be:

Introduced to the master plan for the public demonstration of resurrection and ascension to humanity.

Yeshua's final initiation took place in the Great Pyramid, which:

Represented the chamber in the human brain where enlightenment occurs, had been designed long ago to serve both as an individual ascension chamber and as a planetary ascension chamber.

Moving onward, Yeshua and his six companions made their way underground by accessing an ancient underground chamber in Heliopolis. They were met by 'a very old guardian priest' who took them through:

A series of chambers whose doors operated by sound frequencies and compatible resonance.

Anna briefly describes venturing down long, narrow tunnels under the Nile, where there were occasionally decaying corpses and dead bodies. These dead bodies were of those who could not afford burials in the Necropolis. When the group, led by the priest, reached their astonishing destination, which was under the Sphinx, they were greeted by higher density beings:

They were greeted by a conclave of twelve ascended masters, including Serapis Bey and Thoth, who showed themselves in physical bodies. Yeshua recognized this room from the childhood stories that his father and mother had told him when he lived earlier in Egypt. He was told that the Sphinx had had a 'consort twin'. The still

visible Sphinx represented the masculine solar principle. The second Sphinx, which represented the feminine lunar principle, had been desecrated.

Although much of this his incredible interactions did not take place on the surface, Yeshua clearly met with higher density beings, including Thoth, a being able to project himself throughout spacetime, and one who shed his self-limiting belief systems.^{xii}

A further ascent continued, and Anna says that humanity's "sonic devices and psychics have detected", is where the companions continued their journey. Anna states that the group experienced Atlantean energies called 'vrill'. Along the way, Mariam, Yeshua's other wife, according to Anna, took on the role of Isis in the Great Pyramid's abyss for three days.

Additionally, Yeshua, Mary Magdalene, and (cousin) John ben Zebedee ascended to the Queen's Chamber. John then intoned specific sound frequencies. Yeshua and Mary reached the Grand Gallery and entered the King's Chamber. It was here that Yeshua and Mary added to the sound frequencies of the sacred site:

In this way, all aspects of their mental, emotional, and physical bodies were attuned and calibrated to the inter-dimensional music of the spheres, thereby aligning their consciousness with specific solar, stellar, and galactic energies.

According to Anna, both Mary and Mariam each underwent initiation in the King's Chamber eight years prior, and as a result qualified to serve as the "attending priestesses of Isis at Yeshua's initiation."

Then, Yeshua's body began to "glow with translucent light, as it was gently infused with the divine blueprint of the Cosmic Christ." Witnesses were awakened to their full potential. One could say he accessed his ascension body, or his rainbow body.

The strategic positioning of the chambers allowed the energies generated by the powerful vortex of the Great Pyramid to pass, “directly through the pineal gland of the initiate within the sarcophagus:

The Great Pyramid was and is, not only an initiation chamber, but also an extraordinary powerful ascension chamber.

Anna claims:

Yeshua’s crucifixion, resurrection, and ascension initiatives were facilitated in the Great Pyramid so that the entire Earth and all of humanity could be seeded collectively for planetary ascension in your (our) day.

Ra is asked about the purpose of the pyramids during session 2.4 and Ra’s response correlates with Yeshua’s purpose inside the pyramids. Ra confirms the purpose of the pyramids:

Firstly, to have a properly oriented place of initiation for those who wished to become purified or initiated channels for the Law of One.

Two, we wished then to carefully guide the initiates in developing a healing of the people whom they sought to aid and the planet itself. Pyramid after pyramid charged by the crystal and initiate were designed to balance the incoming energy of the One Creation with the many and multiple distortions of the planetary mind/body/spirit.^{xiii}

Anna further continues elaborating on each in-person participant that was destined to play a role in the public enactment of the crucifixion and resurrection. How did others arrive at the Great Pyramid? Anna says they used bilocation and teleportation, two key ascension abilities that humanity will one day possess, according to researchers like David Wilcock. Thus, this ‘rehearsal’ was part of the divine plan.

Anna concludes the chapter by addressing the reader:

Your personal life, which just as importantly will contribute to the success of planetary ascension, may not impact as many as Yeshua's did. While your responsibilities to humanity may not be as great as those of my grandson, like Yeshua, you also have the same personal responsibility to increase in self-mastery, co-create harmony where there is conflict, and add your enlightened, loving presence to the collective ascending body of consciousness.

Anna's words to the reader reflect our responsibility to take on the role of the service-to-others orientation. Although we will not impact the world as profoundly as Yeshua in his public display of resurrection, humanity must look within itself, to its heart center, to treat others with kindness, compassion, and unconditional love, without judgment towards one another. Bible interpreters may state that Jesus 'died for our sins', but instead he expressed unconditional love through his thoughts, intentions, and actions. Additionally, he faced the ultimate persecutors in the Romans, whose energies still play the role of the villain today.

The Global Villains

During the time of Yeshua, the Roman Empire played the role of the villains. After that, the sun always shined on the British Empire. Although the Roman and British Empires no longer are credited with control on the surface, their descendants certainly far outstretched their control beyond Europe. Although I am not going to dive deeply into the service-to-self oriented beings, the forces of good seemed to have had opposing dark forces on the other side who disrupt, manipulate, and destruct entities that pose a legitimate threat to their control. However, these dark forces have remained mostly hidden in contemporary times. We have mostly relied on

whistleblower testimonies, channelings, and researchers brave enough to expose the corruptions and manipulations of cabals throughout our planet.

Assistance From Advanced Civilizations

Recent revelations from contactees such as Elena Danaan and researchers Michael Salla suggest that humanity is being assisted by a “Confederation of Planets”, or a “Galactic Confederation” or a “Confederation of Light”. Regardless of the name of the entity assisting lower density civilizations, the galactic bodies seem to be taking a spiritual-based approach to assisting through raising cosmic consciousness, educating, and love. ^{xiv} In chapter 3 of his seventh book of the Secret Space Program Series, Salla discusses Robert Renaud, a ham radio operator in 1961, being contacted by a benevolent group described as the ‘United Worlds Alliance – aka the “Galactic Federation of Worlds”.

This group focused on positive outcomes for Earth through nonviolence and embedding operatives in major corporations, government institutions, and the general public. Hence, William Thompkins, who authored *Selected by Extraterrestrials: My Life in the Top Secret World of UFOs., Think-tanks and Nordic Secretaries Vol. 1^{xv} and Vol. 2^{xvi}*, describes beautiful, extraterrestrial secretaries embedding themselves in think-tanks in southern California. Although the secretaries would appear to be physically in their twenties, they achieved advanced aging through technology. These secretaries would nudge Thompkins and his colleagues if they became stuck or needed assistance with the “how-to” or creating certain parts of projects. Thompkins would receive “downloads” where he would see what it was that he had to accomplish. Additionally, Thompkins once had a psychic download of the malevolent beings that opposed humanity. Lastly, Thompkins also communicated with a secretary, who was off planet, through psychic means.

Concluding Remarks

As far back as the 1950s, it is evident that humanity has been assisted by higher density beings and benevolent extraterrestrials who hold a positive outlook on humanity's future. It is clear, despite the mass destruction of the environment, corruption of our political institutions, injustice, greed, impoverishment, and other negative aspects that our world endures, that Earth has been held in a positive regard by ET groups, including the Ra, or Blue Avians, the ones who delivered the Law of One material, who wish us to rejoin the incredible galactic community that unconditionally wants us to cosmically grow through consciousness awareness, education, and love.

In order to achieve this, we must rid ourselves of the global villains and its corruption on all of our vital institutions that it has its hands on. When we ascend, we are going to focus on a service-to-others approach, and get away from the global elitist service-to-self approach that has no interest in our ascension to 4D and beyond. Thus, we must teach spiritual growth and become more aware of ascension-related material so we can learn it and rejoin the galactic community that has long anticipated our return.

Of the works cited above such as *Anna Grandmother of Jesus*, *The Law of One*, and other contemporary researchers and whistleblowers who dedicate their lives covering ascension topics, we have more than enough material to educate ourselves on humanity's next journey to higher densities and the infinite reaches of outer space that await our spiritual contributions and scientific explorations.

ⁱ <https://ascensionworks.tv/blueavians/>

ⁱⁱ <https://www.lawofone.info/>

ⁱⁱⁱ <https://divinecosmos.com/about-david/>

^{iv} Wilcock, David. *Ascension Mysteries: Revealing the Cosmic Battle Between Good and Evil*. New York: Penguin Random House LLC, 2016.

^v <https://www.lawofone.info/s/16>

^{vi} Heartsong, Claire. *Anna, Grandmother of Jesus: A Message of Wisdom and Love*. Hay House, Inc., 2017.

^{vii} <https://www.britannica.com/biography/Akhenaten>

^{viii} <https://www.britannica.com/biography/Akhenaten/Move-to-Akhetaton>

^{ix} Losey, Blackburn Meg. *Touching The Light: What Miracles Are Made Of*. Red Wheel / Weiser, 2011

^x <https://www.lawofone.info/s/14>

^{xi} Lamiroy, Manuel, Salla, Michael, PhD. "Lecture 6. Ancient Type I Civilizations." Exopolitics 107: The Science, Politics, & Spirituality of Extraterrestrial Civilizations. The Exopolitics Institute. 13 Sep 2022.

^{xii} Lamiroy, Manuel, Salla, Michael, PhD. "Lecture 14. The Role of Celestials in Extraterrestrial Contact." Exopolitics 107: The Science, Politics, & Spirituality of Extraterrestrial Civilizations. The Exopolitics Institute. 13 Dec 2022.

^{xiii} <https://www.lawofone.info/c/Pyramids?t=!>

^{xiv} Salla, Michael, Dr. *Galactic Federations Councils & Secret Space Programs: Book Seven of the Secret Space Program Series*: Tennessee, USA. Exopolitics Consultants, 2022.

^{xv} Thompkins, William M. *Selected by Extraterrestrials: My life in the top-secret world of UFOs, Think Tanks, and Nordic Secretaries*. North Charleston: CreateSpace Independent Publish Platform, 2016.

^{xvi} Thompkins, William M. *Selected by Extraterrestrials Volume Two: My life in the top-secret world of UFOs, Think Tanks, and Nordic Secretaries*. U.S.A. Kindle Direct Publishing, 2020.